

# CHRISTOPHER M. DAVIDS, Ph.D., LP

## Westminster College—Department of Psychology

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### RECENT ACTIVITY

#### *Teaching*

- Fourth-year assistant professor of psychology at Westminster College
- Faculty fellow for diversity, equity, and inclusion at Westminster College

#### *Research*

- Publications including, "Objectification, masculinity, and muscularity: A test and departure from objectification theory for heterosexual men" and "Relationship themes and structures of bisexual individuals."

#### *Practice*

- Licensed counseling psychologist in private practice
- Presenter on affirmative practices when working with bisexual clients

#### *Service*

- Board member for The LGBT-Affirmative Psychotherapist Guild of Utah and Society of the Psychological Study for Sexual Orientation and Gender Diversity (APA Division 44)
- Member of the Bias Response Team at Westminster College

### EDUCATION & LICENSURE

#### *Licensed Psychologist*

**State of Utah:** License number 9517430-2501. August 12, 2016- present.

#### *Ph.D. in Counseling Psychology*

**University of Missouri-Kansas City:** Kansas City, MO.

Accredited by the American Psychological Association

Advisor: Laurel Watson, Ph.D.

Graduation: July 31, 2015

Dissertation: Sexual Objectification and Gender Role Conflict as Predictors of Drive for Muscularity: A Test and Extension of Objectification Theory. Defended May, 2014.

Clinical Internship: The University of Utah University Counseling Center, accredited by the American Psychological Association. August 1, 2014- July 31, 2015.

#### *M.A. in Counseling and Guidance*

**University of Missouri-Kansas City:** Kansas City, MO.

Advisor: Johanna Nilsson, Ph.D.

Graduation: December 14, 2012

#### *Bachelor of Arts in Psychology and Spanish*

**Cornell College:** Mount Vernon, IA

Graduation: January 31, 2010

#### *Study Abroad*

**Baden Powell Language Institute.** Conversational Spanish. Morelia, México. March, 2007.

**Universidad de Chile.** 3 undergraduate courses taught in Spanish. Santiago, Chile. July- December, 2009.

*Foreign Language Proficiency:* Spanish

### ACADEMIC APPOINTMENTS

**Westminster College**, Salt Lake City, UT.

Assistant Professor, Department of Psychology.  
August, 2015 – Present.

Faculty Fellow for Diversity, Equity and Inclusion.  
August, 2018 – Present.

**University of Missouri-Kansas City**, Kansas City, MO.

Adjunct Professor, Counseling and Educational Psychology.  
January, 2013 – July, 2013.

**COURSES TAUGHT**

**Westminster College**, Salt Lake City, UT.

PSYC 252: Personality Theories (fall 2015, spring 2016, fall 2016)  
PSYC 270: Thinking and Writing for Psychology (fall 2016, fall 2017, fall 2018)  
PSYC 300: Psychology of Game Design (May term 2016, May term 2017)<sup>+</sup>  
PSYC 330: Interpersonal Communication (fall 2015)  
PSYC 358: Methods of Counseling (spring 2018)  
PSYC 362: Abnormal Psychology (spring 2016, fall 2016, fall 2018)\*  
PSYC 364: Human Services Practicum (spring 2018)<sup>+</sup>  
PSYC 400: Psychology of Objectification (fall 2015, fall 2017)\*<sup>+</sup>  
PSYC 400: Social Justice & Mental Health (fall 2016)<sup>+</sup>  
PSYC 400: The Science of Psychotherapy (spring 2017)\*<sup>+</sup>  
PSYC 405: Methods of Counseling (spring 2016)\*<sup>+</sup>  
MSMHC 628: Group Therapy (spring 2016, spring 2017, spring 2018)

\* Courses for which I have received service learning designations

<sup>+</sup> Courses I have created or co-created

**University of Utah**, Salt Lake City, UT.

EDPS 3010: Introduction to Multicultural Issues (spring 2015)  
EDPS 2600: Strategies for Colleges Success (fall 2014)

**University of Missouri-Kansas City**, Kansas City, MO.

EDRP 5508: Principles and Methods of Research (spring 2013, summer 2013)

**DISTINCTIONS AND HONORS**

*Faculty Fellowship for Diversity, Equity and Inclusion.* 12 course release hours granted each academic year in order to dedicate time to efforts related to diversity and inclusion at Westminster College. August 2018 – August 2020.

*University of Missouri-Kansas City Chancellor's Fellowship.* Presented to a doctoral student who demonstrates a commitment to scholarly activity and potential as a future faculty researcher; \$10,000 award included with \$3,600 in tuition remission. May, 2013.

*APA Division of Men and Masculinity Student Poster Award (nominee).* Presented to student with a poster of distinction at Division poster session. August, 2012.

*The Manford Kuhn Award.* Presented to the best junior or senior paper at the Annual Meeting of the Iowa Sociological Association; \$100 award included. April, 2009.

*Emerging Leader of the Year Award.* Presented to a first year student who has displayed exemplary leadership skills and abilities at Cornell College. May, 2006.

*National Residence Hall Honorary.* Honorary dedicated to leadership development and recognition of individuals with a significant impact on a residential college campus; charter member. Inducted May, 2006.

## PEER-REVIEWED PUBLICATIONS

- Dauids, C. M.,** Watson, L. B., & Gere, M. P. (2018). Objectification, masculinity, and muscularity: A test and departure from objectification theory for heterosexual men. *Sex Roles. Online First.* doi:10.1007/s11199-018-0940-6
- Dauids, C. M.,** & Lundquist, G. G. (2017). Relationship themes and structures of bisexual individuals. *Sexual and Relationship Therapy. Online First.* doi:10.1080/14681994.2017.1412421
- Dauids, C.,** Watson, L., Nilsson, J., & Marszalek, J. (2015). Body dissatisfaction among gay men: The roles of sexual objectification, gay community involvement and psychological sense of community. *Psychology of Sexual Orientation and Gender Diversity, 2*(4), 376. doi:10.1037/sgd0000127
- Watson, L., Marszalek, J., Dispenza, F., & **Dauids, C.** (2015). Understanding the Relationships Among White and African American Women's Sexual Objectification Experiences, Physical Safety Anxiety, and Psychological Distress. *Sex Roles, 72*(3-4), 91-104. doi:10.1007/s11199-014-0444-y
- Green, M., Read, K., **Dauids, C.,** Kugler, D., Jepson, A., Stillman, A., Siglin, K., Fuller, K. & Ohrt, T. (2012). The psychophysiological consequences of state self-objectification and predictors of clothing-related distress. *The Journal of Social and Clinical Psychology, 31*(2), 194-219. doi:10.1521/jscp.2012.31.2.194
- Dauids, C. M.,** & Green, M. A. (2011). A preliminary investigation of body dissatisfaction and eating disorder symptomology with bisexual individuals. *Sex Roles, 65*(7), 533-547. doi:10.1007/s11199-011-9963-y
- Green, M. A., Scott, N. A., Hallengren, J. J., & **Dauids, C. M.** (2009). Depression as a function of eating disorder diagnostic status and gender. *Eating Disorders: Journal of Treatment and Prevention, 17*(5), 409-421. doi:10.1080/10640260903210206
- Green, M. A., Hallengren, J. J., **Dauids, C. M.,** Riopel, C. M., & Skaggs, K. (2009). An association between eating disorder behaviors and autonomic dysfunction in a nonclinical population: A pilot study. *Appetite, 53*, 139-142. doi:10.1016/j.appet.2009.05.005
- Green, M. A., Scott, N. A., Cross, S., Yu-Hsin Liao, K., Hallengren, J., **Dauids, C.,** Carter, L. P., Kugler, D., Jepson, A., & Read, K. (2009). Eating disorder behaviors and depression: A minimal relationship beyond social comparison, self-esteem, and body dissatisfaction. *The Journal of Clinical Psychology, 65*(9), 989-999. doi:10.1002/jclp.20586
- Green, M. A., **Dauids, C. M.,** Skaggs, A. K., Riopel, C. M., & Hallengren, J. J. (2008). Femininity and eating disorders. *Eating Disorders: The Journal of Treatment and Prevention, 16*(4), 283-293. doi:10.1080/10640260802115829

## INVITED CHAPTERS AND REVIEWS

- Dauids, C. M.,** & Mitchell, A. M. (2018). Intersectionality in couple and family therapy. In J. L. Lebow, A. L. Chambers, & D.C., Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy.* Springer: New York.
- Mitchell, A. M., & **Dauids, C. M.** (2018). White privilege in couple and family therapy. In J. L. Lebow, A. L. Chambers, & D.C., Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy.* Springer: New York.

Murdock, N., & **Dauids, C.** (2013, December 11). Theory building in family psychology: Pushing the envelope or over the edge? [Review of the book *Beyond the Systems Paradigm: Emerging constructs in family and personality psychology*, by L. L'Abate]. *PsycCRITIQUES*, 58(48), Article 5. doi:10.1037/a0034888

Green, M., Kugler, D., Stillman, A., **Dauids, C.**, Read, K., Siglin, K., & Jepson, A. (2011). Feminine norms and disordered eating. In V. R. Preedy, R. R. Watson & C. R. Martin (Eds.), *International handbook of behavior, food, and nutrition* (pp. 1897-1910). Springer: New York.

#### MANUSCRIPTS UNDER REVIEW

**Dauids, C. M.**, Mendez, J. J., Graham, C. M., Fitzgerald, C.E., & Watson, L. B. (under review). Teaching objectification theory in the classroom as a form of systemic intervention: The roles of awareness and burden. *Psychology of Women Quarterly*.

Berkel, L. A., Nilsson, J. E., Kelly, P. J., Anderson, W. M., Joiner, A., **Dauids, C.** (under review). Faith of our sister soldiers: National guard women share stories of their faith during and after deployment. *Psychology of Religion and Spirituality*.

#### MANUSCRIPTS IN PROGRESS

**Dauids, C. M.**, Lundquist, G., Wilder, K., & Hasanbegovic, G. (manuscript in progress). An examination and critique of objectification theory to explain depression for heterosexual men.

#### INTERNAL GRANTS

Dauids, C. (2018). Westminster College Gore Course Release intended to support faculty fellowship for diversity, equity, and inclusion by means of 12 credit course load reduction: \$12,000.

Dauids, C. (2017). Civic Engagement Course Designation for "Psychology of Objectification": \$250 to support expenses related to student-developed prevention projects.

Dauids, C. (2017). Dumke Center for Civic Engagement Course Release intended to support I Am Psyched!! museum exhibit created by the American Psychological Association, hosted by Westminster College Psychology Department: \$3,500.

Dauids, C., Lundquist, G., & Hasanbegovic, G. (2017). Westminster College Student-Faculty Summer Research Grant: \$9,000.

Dauids, C. (2016). Westminster College Gore Course Release intended to support faculty research by means of a course load reduction: \$3,500.

Dauids, C., Gere, M. (2016). Westminster College Student-Faculty Summer Research Grant: \$5,000.

Dauids, C. (2016). Civic Engagement Course Designation for "Abnormal Psychology": \$250 to support expenses related to student-developed mental health screening day event.

Dauids, C. (2015). Civic Engagement Course Designation for "Methods of Counseling": \$250 to support expenses related to student-developed stigma-reduction projects.

Dauids, C. (2015). Civic Engagement Course Designation for "Psychology of Objectification": \$250 to support expenses related to student-developed prevention projects.

Dauids, C. (2013). University of Missouri-Kansas City, Division of Counseling and Educational Psychology DALEE Fund: \$210 to support research project entitled, Sexual objectification and gender role conflict as predictors of drive for muscularity: A test and extension of objectification theory.

Dauids, C. (2011). University of Missouri-Kansas City, Division of Counseling and Educational Psychology DALEE Fund: \$150 to support research project entitled, Body dissatisfaction of gay men as predicted by gay community involvement and objectification.

Dauids, C. (2009). Cornell College Dimensions Internship Support: \$200 to support human services agency internship.

Green, M., & Dauids, C. (2008). Cornell College Dimensions Student-Faculty Summer Collaborative Research Grant: \$4,500 to support research project entitled, Autonomic characteristics of body objectification: The psychophysiological consequences of the thin-ideal.

Green, M., & Dauids, C. (2007). Cornell College Dimensions Student-Faculty Summer Collaborative Research Grant: \$4,500 to support research project entitled, Autonomic characteristics of body objectification: The psychophysiological consequences of the thin-ideal.

### **TRAVEL FUNDING AWARDED**

Dauids, C. (2018). Westminster College Faculty Travel Award: \$1,000 to support travel for presentation of research at the Annual Convention of the American Psychological Association.

Dauids, C., Lundquist, G. (2017). Westminster College Student-Faculty Travel Award: \$1,400 to attend the 2017 American Psychological Association Convention with a student.

Dauids, C. (2016). Westminster College Student-Faculty Travel Award: \$800 to attend the 2017 National Multicultural Conference with a student.

Dauids, C., Gere, M. (2016). Westminster College Student-Faculty Travel Award: \$1,400 to attend the 2017 National Multicultural Conference with a student.

Dauids, C. (2016). NMCS Early Career Professional Travel Award: \$200 to attend the 2017 National Multicultural Conference.

Dauids, C. (2016). Westminster College Faculty Travel Award: \$1,000 to support travel for presentation of research at the Annual Convention of the American Psychological Association.

Dauids, C. (2015). Westminster College Faculty Travel Award: \$1,000 to support travel for presentation of research at the Annual Convention of the American Psychological Association.

Dauids, C. (2014). UMKC Student Government Association: \$800 to support travel for presentation of student research at the Annual Convention of the American Psychological Association.

Dauids, C. (2013). APA Division 44 Student Engagement Award: \$250 requested to support travel for student participation at the Annual Convention of the American Psychological Association.

Dauids, C. (2013). APA Division 44 Committee on Bisexual Issues Student Travel Award: \$500 requested to support travel for student participation at the Annual Convention of the American Psychological Association.

Dauids, C. (2013). APA Society of Counseling Psychology Student Travel Scholarship: \$300 to support travel for presentation of student research at the Annual Convention of the American Psychological Association.

Dauids, C. (2013). UMKC Division of Counseling and Educational Psychology Student Travel Grant Program: \$800 to support travel for presentation of student research at the Annual Convention of the American Psychological Association.

Green, M. A., Dauids, C., & Read, K. (2009). Dimensions Center for the Health Sciences Travel Grant: \$3,059 to support travel associated with the presentation of student/ faculty research at the 2009 International Academy of Eating Disorders Conference in Cancún, México.

Dauids, C. (2007). Cornell College Psychology Department Achey-Cutts Fund: \$400 to support attendance to the Annual Convention of the American Psychological Association, San Francisco, CA.

## **NATIONAL AND INTERNATIONAL RESEARCH PRESENTATIONS**

Dauids, C., & Choi, A. (2018, Aug. anticipated). Multiple ways of "B-ing"---Diversity of bisexuality. Chairpersons of symposium presentation at the 2018 Annual Convention of the American Psychological Association, San Francisco, CA.

Dauids, C., & Choi, A. (2018, Aug. anticipated). Diversity of identity processes among bisexual women. Chairpersons of symposium presentation at the 2018 Annual Convention of the American Psychological Association, San Francisco, CA.

Dauids, C., Lundquist, G., Hasanbegovic, G., & Wilder, K. (2018, Aug. anticipated). Depression and sexual objectification in heterosexual men. Poster presentation at the 2018 Annual Convention of the American Psychological Association, San Francisco, CA.

Dauids, C., & Brimhall, A. (2017, Aug.). Also, bisexual: A look at bisexuality in underrepresented minorities. Chairpersons of symposium presentation at the 2017 Annual Convention of the American Psychological Association, Washington, DC.

Dauids, C. (2017, Jan.). The "B" is not Silent: Discrimination, Internalization, and Bisexuality Identity. Chairperson of symposium at the National Multicultural Conference Summit, Portland, OR.

Gere, M., & Dauids, C. (2017, Jan.). Objectified Body Consciousness as a Function of Race. Poster Presentation at the National Multicultural Conference Summit, Portland, OR.

Dauids, C. Mendez, J., Watson, L., & Graham, C. (2016, Aug.). Qualitative Exploration of Class Participation in the Psychology of Objectification. Poster presentation at the 2016 Annual Convention of the American Psychological Association, Denver, CO.

Dauids, C., & Graham, S. (2016, Aug.). Intersectionality in the Context of LGBTQ Identities. Roundtable discussion at the 2016 Annual Convention of the American Psychological Association, Denver, CO.

Brewster, M., & Dauids, C. (2015, Aug.). Pluralism: Multiple expressions of bisexuality. Chairpersons of symposium presentation at the 2015 Annual Convention of the American Psychological Association, Toronto, Canada.

Graham, S., & Dauids, C. (2015, Aug.). LGBTQ in the media: Implications for counseling professionals. Roundtable discussion at the 2015 Annual Convention of the American Psychological Association, Toronto, Canada.

Dauids, C., & Watson, L. (2014, Aug.). Sexual objectification and gender role conflict as predictors of drive for muscularity. Poster presentation at the 2014 Annual Convention of the American Psychological Association, Washington, DC.

Watson, L., Marszalek, J., Dauids, C., & Dispenza, F. (2014, Aug.). The relationships among African American and White women's experiences of sexual objectification, physical safety anxiety, and psychological distress.

Poster presentation at the 2014 Annual Convention of the American Psychological Association, Washington, DC.

Garner, G., & Davids, C. (2014, Aug.). Current research in bisexuality: Individual and system Intervention.

Chairpersons of symposium presentation at the 2014 Annual Convention of the American Psychological Association, Washington, DC.

Davids, C., & Grotewiel, M. (2013, Aug). Objectification and gay community as predictors of body dissatisfaction for gay and bisexual men. Poster presentation at the 2013 Annual Convention of the American Psychological Association, Honolulu, HI.

Watson, L., Dispenza, F., & Davids, C. (2013, Aug.). Understanding the impact of sexual objectification experiences on women's physical safety anxiety and fear of rape. Poster presentation at the 2013 Annual Convention of the American Psychological Association, Honolulu, HI.

Berkel, L.Y., Nilsson, J. E. Kelly, P., Anderson, M., Davids, C., Trummer, M., Sukumaran, N., Heredia, D., & Maung, J. (2013, Aug.). "Honey, I'm Home!" Women Soldiers' Stories of Family Reintegration after Deployment. Poster presentation at the 2013 Annual Convention of the American Psychological Association, Honolulu, HI.

Nilsson, J.E., Berkel, L.Y., Kelly, P., Maung, J., Heredia, D., Sukumaran, N., Trummer, M., Davids, D., & Anderson, M. (2013, Aug.). The unique experience of women soldiers during and after deployment. Poster presentation at the 2013 Annual Convention of the American Psychological Association, Honolulu, HI.

Berkel, L.Y., Nilsson, J. E. Kelly, P., Anderson, M., Davids, C., Trummer, M., Sukumaran, N., Heredia, D., Maung, J., & Williams, S. (2013, Mar.). For God and country: The role of religion and spirituality in the lives of women National Guards soldiers before, during and after deployment. Paper presentation at the Midyear Conference of Religion and Spirituality, Loyola University, MD.

Davids, C, & Nilsson, J. (2012, Aug.). Body dissatisfaction of gay men as predicted by gay community involvement and objectification. Poster presentation at the 2012 Annual Convention of the American Psychological Association, Orlando, FL.

Davids, C., Grotewiel, M., McCune, A., & Thelen, J. (2012, Aug.). Development of the Male Body Dissatisfaction Inventory (MBDI). Poster presentation at the 2012 Annual Convention of the American Psychological Association, Orlando, FL.

Davids, C., Grotewiel, M., Maliszewski, G., & Nilsson, J. (2011, Aug.). The effect of trait optimism on the assignment of GAF scores in clinical settings. Poster presentation at the 2011 Annual Convention of the American Psychological Association, Washington, DC.

Green, M. A., & Davids, C. M. (2011, Aug.). A preliminary investigation of body dissatisfaction and eating disorder symptomology with bisexual individuals. Poster presentation at the 2011 Annual Convention of the American Psychological Association, Washington, DC.

Green, M. A., Carter, L. P., Kugler, D., Davids, C., Jepson, A., Read, K., & Hallengren, J. (2009, Apr.). That bikini stresses women out: The psychophysiological effects of state self-objectification as a function of gender. Poster presentation accepted at the 2009 International Conference for Eating Disorder, Cancún, México. Canceled due to H1N1 pandemic.

Green, M. A., Riopel, C. M., Skaggs, A., Hallengren, J., & Davids, C. (2007, Aug.). Feminine identities as predictors of eating disorder symptomatology: All identities are not created equal. Poster presentation at the 2007 Annual Convention of the American Psychological Association, San Francisco, CA.

## INVITED SPEECHES AND PRESENTATIONS

*Affirming Care for Bisexual Individuals*, presentation for the LGBT Affirmative Psychotherapist Guild of Utah. Salt Lake City, UT. September 18, 2018 (anticipated).

*Bi 101: Understanding the Unique Needs of Bisexual Individuals*, workshop for the Ohio Psychological Association Annual Convention. Columbus, OH. April 26, 2018.

*So You Want A Job? Job Fit and Transferable Skills*, presentation for Westminster College STEM Summer Research Program. Salt Lake City, UT. July 18, 2017.

*Exploring Identity & Privilege*, workshop at "Finding Power Through Equity" symposium at Westminster College: Salt Lake City, UT. April, 2017.

*Dissecting Mental Health Stigma*, Speaker at Westminster College Stigma Free Week: Salt Lake City, UT. February, 2017.

*LGBT Affirmative Therapy Training*, training facilitator for University of Utah University Counseling Center: Salt Lake City, UT. October, 2016.

*Microaggressions*, training facilitator for Professional Development at Westminster College: Salt Lake City, UT. March, 2016.

*Body Image in the LGBT Community*, Continuing education presentation for the LGBT Affirmative Therapist's Guild of Greater Kansas City. March, 2014.

## REGIONAL RESEARCH PRESENTATIONS

Dauids, C. & Simonds, J. (2017, Nov.). A multiculturalism rubric for the psychology major. Presentation at the Association of Heads of Departments of Psychology, Atlanta, GA.

Grotewiel, M., Maliszewski, G., Dauids, C., & Nilsson, J. (2011, Apr.). The effect of trait optimism on the assignment of GAF scores in clinical settings. Poster presentation at the University of Missouri- Kansas City School of Education Doctoral Student Mini-Conference, Kansas City, MO.

Dauids, C., & Green, M. A. (2009, Apr.). Filling the gap: An examination of body dissatisfaction differences of gay, bisexual and heterosexual men. Paper presentation at the 2009 Cornell College Student Symposium, Mount Vernon, IA.

Dauids, C., & Atchison, B. (2009, Apr.). Identity, Privilege and Change: The Social Justice Training Institute. Oral presentation at the 2009 Cornell College Student Symposium, Mount Vernon, IA.

Green, M. A., Carter, L. P., Kugler, D., Dauids, C., Jepson, A., Read, K., & Hallengren, J. (2009, Apr.). That bikini stresses women out: The psychophysiological effects of state self-objectification as a function of gender. Poster presentation at the 2009 Cornell College Student Symposium, Mount Vernon, IA.

Dauids, C., & Green, M. A. (2009, Apr.). Filling the gap: An examination of body dissatisfaction differences of gay, bisexual and heterosexual men. Paper presentation at the Annual Meeting of the Iowa Sociological Association, Mount Vernon, IA.

Dauids, C. (2009, Feb.). Bisexuality: Is there a definition to be found? Oral presentation at the Midwest Bisexual, Lesbian, Gay, Transgender Ally College Conference, Bloomington, IN.



Davids, C. (2009, Feb.). Male bisexuality and body dissatisfaction: A psychological perspective. Paper presentation at the Midwest Bisexual, Lesbian, Gay, Transgender Ally College Conference, Bloomington, IN.

Hallengren, J., Davids, C., Carter, L., Kugler, D., Read, K., & Jepson, A. (2008, Apr.). Eating disorders and depression: Comorbidity revisited. Poster presentation at the 2008 Cornell College Student Symposium, Mount Vernon, IA.

Green, M. A., Hallengren, J., Davids, C., Jepson, A., & Kugler, D. (2007, Oct.). Eating disorders and cardiovascular autonomic dysfunction. Poster presentation at the 2007 Annual University of Iowa Molecular Biology Conference, Mount Vernon, IA.

Riopel, C., Skaggs, A., Hallengren, J., & Davids, C. (2007, Apr.). The autonomic consequences of body objectification: The psychophysiological correlates of the thin-ideal. Poster presentation at the 2007 Cornell College Student Symposium, Mount Vernon, IA.

## CLINICAL EXPERIENCES

### *Private Practice*

**Chris Davids, Ph.D., LP:** Salt Lake City, UT: June, 2017- present.

- Conduct individual and couples therapy to Salt Lake City community members

### *Staff Associate*

**University of Utah University Counseling Center:** Salt Lake City, UT. October, 2016- present.

- Conduct LGBT Affirmative Therapy training
- Provide PRN coverage as requested

### *Post-doctoral Residency*

**Westminster College Counseling Center:** Salt Lake City, UT. September, 2015- May, 2016.

- Provided individual counseling services to students of the college

### *APA Accredited Predoctoral Internship in Psychology*

**University of Utah University Counseling Center:** Salt Lake City, UT. August, 2014- July, 2015.

- Provided individual and couples counseling services to undergraduate and graduate students at varying levels of functioning.
- Conducted crisis interventions and create crisis response plans with students in distress.
- Co-facilitated weekly interpersonal process therapy group with mindfulness elements.
- Present outreach initiatives to students.
- Facilitate intakes and dispose 2-4 new clients weekly.
- Supervise doctoral level counseling psychology practicum students.
- Complete regularly scheduled professional development opportunities.
- Consult with in-house colleagues and other University partners as needed.
- Provide assessment as needed to aid client conceptualization and generate clinical recommendations.

### *Medical School Counseling Practicum*

**University of Kansas Medical Center Counseling and Educational Support Services (CESS):** Kansas City, KS. August, 2013- May, 2014.

- Provided counseling services to students in the medical sciences (medical, nursing, occupational therapy, physical therapy, and biosciences students).
- Co-facilitated of weekly assertiveness therapy group.
- Presented outreach initiatives to students.
- Collaborated as part of a multi-disciplinary staff, including psychologists, psychiatrist, learning specialists, career specialist, writing specialist, and accommodations specialist.
- Conducted cognitive assessments including the use of the WJ-III and WAIS-IV.

- Facilitated multiple intakes per week.
- Maintained electronic medical records using Point and Click.

*Paid Assessment Specialist*

**Community Counseling and Assessment Services (CCAS):** Kansas City, MO. January, 2014- May, 2015.

- Complete psychological evaluations under clinical supervision.

*Clinical Supervision of M.A. Level Trainees*

**Community Counseling and Assessment Services (CCAS):** Kansas City, MO. May, 2013- July, 2013.

- Provided clinical supervision to two master level counselor-trainees.
- Evaluated supervisees both informally and formally throughout the semester.
- Wrote letters of recommendation as requested.
- Monitored both client welfare and supervisee growth and development.

*Child Assessment Training*

**Community Counseling and Assessment Services (CCAS):** Kansas City, MO. January, 2013- May, 2013.

- Completed one integrated psychological evaluation.
- Provided peer consultation in group supervision.
- Received training in instruments used to test children and adolescents including the WISC-IV, WIAT-III, WCJ-III, BASC, SIB-R, GADS, and MMPI-A.

*Advanced University Counseling Practicum*

**University of Missouri-Kansas City (UMKC) Counseling, Health, and Testing Center:** Kansas City, MO.

August, 2012 – July, 2013.

- Provided individual counseling services to university students seeking treatment.
- Participated in outreach activities to students, including topics of stress, university support services, mindfulness and meditation, and preparing to return home after beginning college.
- Attended meetings of the Eating Disorder Treatment Team
- Worked with a multidisciplinary staff, including psychologists, a clinical social worker, and nurse practitioners
- Received weekly training seminars on clinical topics including examples of multiculturalism, suicide, eating disorders, ADHD, biofeedback, and sexual trauma.
- Attended weekly case conference with trainees and psychologists
- Maintained electronic medical records using Titanium.

*Community-Based Practicum*

**Benilde Hall:** Kansas City, MO. May, 2012-July, 2012.

- Provided counseling services to men who experience substance addiction and are transitioning out of homelessness.
- Completed both objective personality and cognitive assessments.
- Provided psychological consultation to organization director
- Conducted initial psychological evaluations on all new residents

*Beginning Practicum*

**Community Counseling and Assessment Services (CCAS):** Kansas City, MO. August, 2011- April, 2012.

- Provided individual counseling services to community clients seeking treatment.
- Saw population including ethnically diverse, socioeconomically diverse, and varying levels of functioning.
- Completed proper client documentation, including intakes, progress notes, treatment plans, and discharge summaries

**CLINICAL OUTREACH PRESENTATIONS**

Wellness Services at the University. New student orientation presentation for the University of Utah. June, 2015.

Helping a Friend in Distress. Presentation for the University of Utah Multicultural Greek Council. March, 2015.

Coping with Stress. Presentation for Wellness class at the University of Utah. February, 2015.

Gender Socialization and Gender Variance. SI leader training for the University of Utah. August, 2014.

Screening and discussion of, "Do I Look Fat?": Presentation for the UMKC Office of LGBTQIA Programs and Services. Kansas City, MO. October, 2013.

Body Image within the LGBT Community: Presentation for the UMKC Office of LGBTQIA Programs and Services. Kansas City, MO. May, 2013.

Mindfulness and relaxation techniques: Presentation for the UMKC Dental School on behalf of the UMKC Counseling Center. Kansas City, MO. April, 2013.

Tools for effective professional communication: Presentation for the UMKC Dental School on behalf of the UMKC Counseling Center. Kansas City, MO. March, 2013.

Preparing for the Break: Kansas City, MO. Presentation for UMKC Arts and Sciences course on behalf of the UMKC Counseling Center. November, 2012.

Mindfulness and meditation: Presentation for UMKC University College course on behalf of the UMKC Counseling Center. Kansas City, MO. November, 2012.

College Stressors and Support Services: Kansas City, MO. Presentation for UMKC Arts and Sciences course on behalf of the UMKC Counseling Center. August, 2012.

#### **ADDITIONAL RELEVANT CLINICAL EXPERIENCES**

Rocky Mountain Offender Management Systems (RMOMS) Probation Case Manager: Lafayette, CO. January, 2010-June, 2010.

- Supervised 130 probationers with drinking, domestic violence, and low-risk criminal violations
- Submitted legal complaints, termination requests, and extension requests to the court
- Collaborated with treatment providers to meet the needs of individual clients
- Testified at district court hearing for revocation of probation
- Completed 112 training hours including: probation case management, evidence based practice, Motivational Interviewing, office safety and deescalating techniques, administering the Level of Supervision Inventory (LSI) assessment, identifying criminogenic needs, and case plan development.

American Cancer Society Hope Lodge. Full time human services internship: Iowa City, Iowa. February, 2009.

- Built relationships with guests through active listening and supporting their needs during treatment
- Gained insight into the administrative responsibilities of a human services agency

Sustained Dialogue Facilitation: Mount Vernon, IA. September, 2008.

- Trained to lead group dialogue regarding divisive social issues
- Understood how to move from dialogue to social action

Social Justice Training Institute: Champagne, IL. May, 2008.

- Developed understanding of the importance of building relationships to appreciate social justice
- Considered both dominant and subordinate personal identities and their social implications
- Learned how to be an effective ally

Peace Circle Facilitation Training: Broomfield, CO. April, 2006.

- Gained skills in setting guidelines and expectations to assist in successful group communication
- Discussed the importance of coming to consensus as a group

Restorative Justice Facilitation Training: Longmont, CO. January, 2006.

- Learned skills to lead an effective restorative justice conference
- Appreciated the importance of including perspectives of the victim, offender, and community members

## **PROFESSIONAL AFFILIATIONS**

American Psychological Association (APA). December, 2006- July, 2015.

- Society of Counseling Psychology (SCP; APA Division 17). January, 2011- present.
- Society for the Psychological Study of Men and Masculinity (SPSMM; APA Division 51). January, 2011- December, 2016.
- Society of the Psychological Study for Sexual Orientation and Gender Diversity (formerly Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues; APA Division 44). April, 2011- present.
- Society of Teaching Psychology (STP; APA Division 2): January, 2016- December, 2016.
- American Psychological Association of Graduate Students (APAGS). January, 2011- July, 2015.

The LGBT-Affirmative Psychotherapist Guild of Utah. February, 2014- present.

The LGBT-Affirmative Therapists Guild of Kansas City. August, 2011- May, 2014.

## **PROFESSIONAL APPOINTMENTS AND POSITIONS**

The LGBT-Affirmative Psychotherapist Guild of Utah Leadership Collective Member: Salt Lake City, UT. May, 2017- present.

Society of the Psychological Study for Sexual Orientation and Gender Diversity (formerly Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues) Executive Board Member and Committee on Bisexual Issues Co-Chairperson: Washington, DC. September, 2015- present.

Psychology of Women Quarterly Journal Reviewer: Washington, DC. August, 2015- present.

Sexual and Relationship Journal Reviewer: London. January, 2017- present.

Society of Counseling Psychology Section on LGBT Issues Executive Committee, Treasurer: Washington, DC. Elected position from August, 2014- present.

Psychology of Women Quarterly Student Advisory Committee: Washington, DC. May, 2014- July, 2015.

Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues Committee on Bisexual Issues Programming Committee Coordinator: Washington, DC. September, 2013- August, 2015.

Society of Counseling Psychology Section on LGBT Issues Executive Committee, Diversity Officer: Washington, DC. Appointment from August, 2013- August, 2015.

Search committee to fill the position of Community Counseling and Assessment Services (CCAS) agency director of UMKC: Kansas City, MO. December, 2012 – June, 2013.

Society of Counseling Psychology Student Affiliates of Seventeen UMKC campus liaison to national organization: Washington, DC. January 2012 – May 2015.

Society of Counseling Psychology Section on LGBT Issues Executive Committee, student representative: Washington, DC. Appointment from August, 2011- August, 2013.

UMKC DALEE Fund scholarship selection committee: Kansas City, MO. December, 2012.

UMKC Division of Counseling & Educational Psychology Comprehensive Examination Committee to provide modification recommendations: Kansas City, MO. January, 2011- May, 2011.

## **NATIONAL SERVICES OPPORTUNITIES**

Moderator, Society for the Psychological Study of LGBT Issues CE Webinar entitled “The Bisexual Issues Committee Presents: Room for Three (or More)—How To Create a Poly-Affirming Practice.” Washington, DC. May 24, 2017.

Reviewer, Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues Research Proposals for APA Convention: Denver, Colorado. December, 2015.

Conference Planning Committee Member, CrossReach: Shaping and Mentoring the Outreach Professional. Conference by the Association for University and College Counseling Center Outreach, Salt Lake City, UT. Spring, 2015.

Reviewer, Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues Research Proposals for APA Convention: Toronto, Canada. December, 2014.

Reviewer, Society of Counseling Psychology Section for LGBT Issues Awards Review Committee: Washington, DC. May, 2014.

Reviewer, Society of Counseling Psychology Section for LGBT Issues Student Poster Session Proposals: Washington, DC. April, 2014.

Reviewer, Society of Counseling Psychology Research Proposals for APA Convention: Washington, DC. December, 2013.

Reviewer, Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues Research Proposals for APA Convention: Washington, DC. December, 2013.

Invited member, SCP SLGBTI section awards selection committee: Washington, DC. May, 2012.

Volunteer, Society of Counseling Psychology Hospitality Space at the Annual Convention of the American Psychological Association: Washington, DC. August, 2011.

Volunteer, American Psychological Association of Graduate Students (APAGS) Ambassador at the Annual Convention of the American Psychological Association: Washington, DC. August, 2011.

## **INSTITUTIONAL SERVICE OPPORTUNITIES**

Co-Coordinator, Westminster *I Am Psyched!* installation in collaboration with the American Psychological Association’s Women’s Programs Office: Salt Lake City, UT. February, 2017-November, 2019.

- Oversaw opening reception, mental health CEU, and career panel
- Included national traveling museum installation
- Hosted visit by the senior director of the APA Women’s Programs Office
- Invited organizations supporting Girls of Color to campus for after school visits

- Mentored undergraduate co-coordinator Grace Lundquist
- Managed budget of \$4,500 and received additional internal grant funding for course release

Invited Member, Westminster College Campus Sexual Assault Survey Working Group: Salt Lake City, UT. October, 2017-December 2019.

- Provide guidance on methodological considerations
- Help conceptualize the purpose and utility of the survey

Invited Member, Westminster College Bias Response Team: Salt Lake City, UT. August, 2017- present.

- Act as inaugural faculty member on the committee to provide academic perspective
- Provide recommendations on developing structure of the process
- Consult on bias incidents that happen on campus

Facilitator, Westminster College Department of Psychology Multicultural Dialogue: Salt Lake City, UT. Fall 2016.

Member, Westminster College Summer Multicultural Working Group (Professional Training and Gender Inclusion): Salt Lake City, UT. July-August, 2016.

Member, Westminster College Counseling Center Staff Psychologist Hiring Committee: Salt Lake City, UT. June, 2016.

Program Developer, Westminster College Adjunct Faculty Diversity Training: Salt Lake City, UT. Spring 2016 Academic Term.

Program Developer, Westminster College Acknowledging Lived Experiences Multicultural Dialogues: Salt Lake City, UT. January, 2016.

Discussion leader, UMKC Counseling in a Pluralistic Society Discussion on Sexual Identity. Kansas City, MO. March, 2014.

Guest Instructor, UMKC Counseling in a Pluralistic Society Lecture on Gender Identity and Gender Variance. Kansas City, MO. March, 2014.

Panel participant, University of Kansas Medical Center Sexuality Conference Bisexuality Panel: Kansas City, KS. February, 2014.

Discussion leader, UMKC Counseling in a Pluralistic Society Discussion on White Identity and Privilege. Kansas City, MO. February, 2014.

Student member, UMKC Counseling Psychology Ph.D. Admissions Committee: Kansas City, MO. January, 2014-April, 2014.

Guest evaluator, Theories of Counseling student presentations: Kansas City, MO. October, 2013.

Mentor, APAGS LGBT Mentoring Program: Washington, DC. September, 2013- May, 2014.

Mentor, UMKC Counseling Psychology SAS Mentoring Program: Kansas City, MO. August, 2013- May, 2014.

Volunteer, Society of Counseling Psychology Hospitality Space at the Annual Convention of the American Psychological Association: Honolulu, HI. August, 2013.

Volunteer, Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues Hospitality Space at the Annual Convention of the American Psychological Association: Honolulu, HI. August, 2013.

Facilitator, small group interview for candidates of UMKC Ph.D. in Counseling Psychology: Kansas City, MO. March, 2013.

Panel participant, LGBT discussion panel for psychology of women class: Kansas City, MO. October, 2012.

Guest evaluator, Theories of Counseling student presentations: Kansas City, MO. October, 2012.

Panel Participant, LGBT discussion panel for psychology of women class: Kansas City, MO. March, 2012.

Workshop Co-Facilitator, Motivational Interviewing: Leavenworth, KS. February, 2012.

Invited member, Cornell College Student Leadership Awards selection committee: Mount Vernon, IA. May, 2009.

Student member, search committee to fill the position of Dimension Center for the Health Sciences Director of Cornell College: Mount Vernon, IA. March, 2009.

#### **CONTINUING EDUCATION OPPORTUNITIES AND TRAININGS**

CrossReach: Shaping and Mentoring the Outreach Professional. Conference by the Association for University and College Counseling Center Outreach, Salt Lake City, UT. June, 2015.

Interpersonal Therapy Institution Level A Training. Iowa City, IA. April, 2014.

University of Kansas Medical Center Sexuality Conference. February, 2014.

Working with Male Survivors of Sexual Abuse. Facilitated by Jim Struve, LCSW. October 2013.

Sexual Minorities: Trauma and the Neurochemistry of Addiction presented by Mark McCarthy, LPC. September 2013.

Community Counseling and Assessment Services Training—Working with Hispanic Clients. February 2013.

Community Counseling and Assessment Services Training—Evidence Based Practice in Treating Anxiety: Kansas City, MO. January, 2012.

Transgender Panel Multicultural Dialogue: Kansas City, MO. February, 2012.

Community Counseling and Assessment Services Training—Talking About Sex with Clients: Kansas City, MO. January, 2012.

Multicultural Dialogue on Refugee Topics: Kansas City, MO. November, 2011.

Community Counseling and Assessment Services Training—Rose Brooks Training on Domestic Violence: Kansas City, MO. October, 2011.

Eating Recovery Center Lecture on Treatment of Eating Disorders: Overland Park, KS. October, 2011.

#### **ADMINISTRATIVE EXPERIENCES**

Graduate Assistant to Dr. LaVerne Berkel, Associate Dean of the UMKC School of Education. August, 2010- August, 2011.

- Utilized LiveText data system to support unit assessment initiatives

- Supported preparations for unit-wide NCATE & DESE accreditation

Community Counseling and Assessment Services (CCAS): Kansas City, MO. August, 2010- August, 2011.

- Worked as an administrative assistant for a clinical training agency
- Verified proper client documentation by counselor trainees
- Provided agency information to perspective clients and schedule clients for initial intake

#### **MEDIA REQUESTS FULFILLED**

Interview on *I Am Psyched!* event. Good4Utah ABC Channel 4: Salt Lake City, UT. November 3, 2017

[Interview on I Am Psyched! event.](#) RadioActive program KRCL 90.9 FM: Salt Lake City, UT. October 26, 2017.

“Moving Forward without Leaving Anyone Behind: Our Division, its Name, and its Future.” Division 44 Newsletter. Spring, 2017.

“Minding Your Health – The Gay Community and Body Image.” Camp Magazine: Kansas City, MO. May, 2014.

Interview on body image in the LGBT community. The Tenth Voice Radio Program KKFI 90.1 FM: Kansas City, MO. September, 2013.

“A Cornellian Studies Sexuality.” The Cornellian Newspaper: Mount Vernon, IA. Spring 2009.

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## REFERENCES

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